

Challenging Horizons Program, Greenville

A Very Special After School Program

200 N. Main St., Suite 300 in Downtown Greenville, SC 29601

The Challenging Horizons Program, Greenville (CHP - G) is an after school program that provides a unique combination of skills training, academic activities and behavior modification to help students with ADHD and other diagnoses reach their full potential academically and socially.

WHAT IS THE CHP?

The CHP is an innovative, award-winning after school program. The CHP's mission is to improve academic performance, confidence, motivation, attendance, and discipline for elementary and middle school students.

CHP offers:

- A safe, engaging learning environment
- Intensive, highly individualized academic activities
- A positive, effective behavior support system
- A highly effective homework organization and planning system (HOPS)
 - Weekly progress monitoring for parents
- Direct instruction in math and language arts linked to state learning standards
- Enrichment activities (healthy eating, yoga, physical education, leadership skills and positive interpersonal behaviors)
- A psychologist on site (site director) for weekly individual and group therapy for students



Awards

The CHP is an innovative, award-winning after school program developed at the University of South Carolina by Child and School Psychologists. CHP awards include:

- “Innovative Program of the Year” (CHAADD, 2004)
- “After-School Innovator Award “ (MetLife / National After-School Alliance, 2009)
- “Literacy Champions Award” (the South Carolina Education Oversight Committee, 2009)
- Inclusion in “the National Registry of Evidence-based Programs and Practices (NREPP) (for treatment of children and adolescents with ADHD, 2011)

ELIGIBLE STUDENTS:

The CHP – G is open to children k5 – 8th grade. The weekly cost is \$150 per child per week or \$90 per child per week for M,W,F (insurance can be billed for Individual therapy)

SAMPLE SCHEDULE

Mon - Thurs:

- 2:30 – 3:00 Arrival / healthy snack
- 3:00 – 3:30 Team building activity
- 3:30 – 4:30 Homework / Study
- 4:30 – 5:00 Enrichment (healthy eats, yoga, team sports, etc.)
- 5:00 – 5:45 skills group, individual therapy
- 5:45 – 6:00 Dismissal

SAMPLE SCHEDULE

Friday (Fun / Recreation Day) *

- 2:30 – 3:00 Arrival / healthy snack
- 3:00 – 4:00 Team Sports / Games
- 4:00 – 5:00 Enrichment (karate, yoga, music, dance, art, etc.)
- 5:00 – 5:45 Points store and Recreation
- 5:45 – 6:00 Dismissal

* Monthly off site field trips

If you are interested in signing up for CHP-G or have any questions, please contact:
Belinda Wilson, Program Coordinator or
Dr. Martha Durham, CHP-G
Licensed Psychologist (SC#981)
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864-232-2218