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### Client Intake Form

Date: \_\_\_\_\_ Form Completed by:  Client  Parent  Guardian  Spouse  Other

#### Client Information

Name: \_\_\_\_\_ Referred by: \_\_\_\_\_

Date of Birth: \_\_\_\_\_ Primary Care Physician \_\_\_\_\_

Social Security Number: \_\_\_\_\_

Street Address \_\_\_\_\_

City: \_\_\_\_\_ Zip Code: \_\_\_\_\_

Phone:  Home \_\_\_\_\_  Work \_\_\_\_\_  Cell \_\_\_\_\_

(Check box next to number if it is okay to call or leave a message)

Email \_\_\_\_\_ Preferred form of contact:  Email  Cell  Home phone  Work phone

Marital Status:  Single  Married  Divorced  Widowed  Other \_\_\_\_\_

Education:  High School  2-Yr College  Tech School  College Degree  Graduate Degree  Other

Employer: \_\_\_\_\_ Occupation: \_\_\_\_\_

Full-time  Part-time  Retired  Unemployed  Student

Emergency Contact Name: \_\_\_\_\_ Relationship: \_\_\_\_\_

Emergency Contact Phone: Home \_\_\_\_\_ Work \_\_\_\_\_ Cell \_\_\_\_\_

If Client is a Student: Grade \_\_\_\_\_ School \_\_\_\_\_

School Counselor: \_\_\_\_\_

#### Please list other people residing in the home:

Name: \_\_\_\_\_ Age: \_\_\_\_\_ Relationship \_\_\_\_\_

Name: \_\_\_\_\_ Age: \_\_\_\_\_ Relationship \_\_\_\_\_

Name: \_\_\_\_\_ Age: \_\_\_\_\_ Relationship \_\_\_\_\_

Name: \_\_\_\_\_ Age: \_\_\_\_\_ Relationship \_\_\_\_\_

Name: \_\_\_\_\_ Age: \_\_\_\_\_ Relationship \_\_\_\_\_

Name: \_\_\_\_\_ Age: \_\_\_\_\_ Relationship \_\_\_\_\_

**Insurance/Billing Information**

**NOTE:** Please provide insurance card at first appointment.

**Person responsible for copayments, coinsurance, deductibles, and/or payment in full:**

**Primary Insurance Carrier:** \_\_\_\_\_ Plan# \_\_\_\_\_

Subscriber Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Social Security Number: \_\_\_\_\_ Employer \_\_\_\_\_

Address (if different from client's) : \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

**Secondary Insurance Carrier:** \_\_\_\_\_ Plan# \_\_\_\_\_

Subscriber Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Social Security Number: \_\_\_\_\_ Employer \_\_\_\_\_

Address (if different from client's) : \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

**Payment and Insurance Billing:**

I, the undersigned, authorize the release of any medical or other information necessary to process this claim through any insurance company previously noted. I authorize payment to the providing clinician for services rendered as stated on claims submitted by him/her to my insurance company.

I also understand that it is my responsibility to reimburse my therapist for any services provided on my behalf. In the event that my insurance does not cover costs for services rendered or I do not have insurance coverage at this time, I agree to pay any and all costs of counseling. Costs may include any missed appointments, fees for written reports, phone calls on my behalf, or any other costs of providing services on my behalf.

**Payment and Insurance Billing:**

Client or Authorized Person's Signature: \_\_\_\_\_

Relationship to Client (if not client): \_\_\_\_\_

**For Your Information:** Your insurance company may require your therapist to exchange information with your referring and/or primary care physician. They may also require your therapist to provide copies of confidential chart notes in order to process your claim(s). You have the right to notify your therapist in writing to limit communication with your physician(s). You may also make arrangements to pay for therapy privately to avoid confidential information being released to your insurance company. Please discuss these options with your therapist.

**Adult Medical History Form**

Client name: \_\_\_\_\_ Date Completed \_\_\_\_\_

Client DOB: \_\_\_\_\_ Form completed by: \_\_\_\_\_

Primary Care Physician: \_\_\_\_\_ City/State \_\_\_\_\_

**List all doctors or medical specialists that you currently see or have seen in the last year:**

1. \_\_\_\_\_ 2. \_\_\_\_\_

3. \_\_\_\_\_ 4. \_\_\_\_\_

5. \_\_\_\_\_ 6. \_\_\_\_\_

Date of last physical exam \_\_\_\_\_ Examiner: \_\_\_\_\_

**Describe any current medical problems or recent changes in your (client's) physical condition:**

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Height \_\_\_\_\_ Weight \_\_\_\_\_ Recent weight gain: Yes No Recent weight loss: Yes No

Appetite: Good Fair Poor

Sleep: Good Fair Poor

Energy level: Good Fair Poor

General health: Good Fair Poor

**List any hospitalizations:**

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**List all medications you are taking. Include non-prescription drugs and health supplements:**

- 1. Drug Name \_\_\_\_\_ Dosage: \_\_\_\_\_ # Per Day: \_\_\_\_\_
- 2. Drug Name \_\_\_\_\_ Dosage: \_\_\_\_\_ # Per Day: \_\_\_\_\_
- 3. Drug Name \_\_\_\_\_ Dosage: \_\_\_\_\_ # Per Day: \_\_\_\_\_
- 4. Drug Name \_\_\_\_\_ Dosage: \_\_\_\_\_ # Per Day: \_\_\_\_\_
- 5. Drug Name \_\_\_\_\_ Dosage: \_\_\_\_\_ # Per Day: \_\_\_\_\_
- 6. Drug Name \_\_\_\_\_ Dosage: \_\_\_\_\_ # Per Day: \_\_\_\_\_
- 7. Drug Name \_\_\_\_\_ Dosage: \_\_\_\_\_ # Per Day: \_\_\_\_\_
- 8. Drug Name \_\_\_\_\_ Dosage: \_\_\_\_\_ # Per Day: \_\_\_\_\_

Any medication allergies?  Yes  No If yes, list: \_\_\_\_\_

**Check any of the following which you use now or have used in the past:**

<u>Substance</u>	<u>Used in past</u>	<u>Use How often</u>	<u>Is it a problem?</u>	
Hard Liquor	<input type="checkbox"/>	<input type="checkbox"/>	_____	<input type="checkbox"/> Yes <input type="checkbox"/> No
Beer/Wine	<input type="checkbox"/>	<input type="checkbox"/>	_____	<input type="checkbox"/> Yes <input type="checkbox"/> No
Marijuana	<input type="checkbox"/>	<input type="checkbox"/>	_____	<input type="checkbox"/> Yes <input type="checkbox"/> No
Speed/Meth	<input type="checkbox"/>	<input type="checkbox"/>	_____	<input type="checkbox"/> Yes <input type="checkbox"/> No
Heroin	<input type="checkbox"/>	<input type="checkbox"/>	_____	<input type="checkbox"/> Yes <input type="checkbox"/> No
LSD	<input type="checkbox"/>	<input type="checkbox"/>	_____	<input type="checkbox"/> Yes <input type="checkbox"/> No
Barbiturates	<input type="checkbox"/>	<input type="checkbox"/>	_____	<input type="checkbox"/> Yes <input type="checkbox"/> No
Cocaine	<input type="checkbox"/>	<input type="checkbox"/>	_____	<input type="checkbox"/> Yes <input type="checkbox"/> No
Tobacco	<input type="checkbox"/>	<input type="checkbox"/>	_____	<input type="checkbox"/> Yes <input type="checkbox"/> No
Coffee	<input type="checkbox"/>	<input type="checkbox"/>	_____	<input type="checkbox"/> Yes <input type="checkbox"/> No
Soft Drinks	<input type="checkbox"/>	<input type="checkbox"/>	_____	<input type="checkbox"/> Yes <input type="checkbox"/> No
Other	<input type="checkbox"/>	<input type="checkbox"/>	_____	<input type="checkbox"/> Yes <input type="checkbox"/> No

Any additional comments on alcohol or drug use: \_\_\_\_\_

\_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

**Indicate if you (the client) have had any of the following conditions:**

Alcohol/drug abuse  \_\_\_\_\_ Nervous breakdown  \_\_\_\_\_ Anxiety/Panic  \_\_\_\_\_  
 Obsessive Compulsive  \_\_\_\_\_ ADHD  \_\_\_\_\_ Psychiatric hospitalization  \_\_\_\_\_  
 Bipolar Disorder  \_\_\_\_\_ Schizophrenia  \_\_\_\_\_ Depression  \_\_\_\_\_ Dementia  \_\_\_\_\_  
 Seizure Disorder  \_\_\_\_\_ Suicide thoughts  \_\_\_\_\_ Suicide attempt(s)  \_\_\_\_\_

**Have you (client) had any prior counseling or mental health treatment?**  No  Yes If yes,

Date: \_\_\_\_\_ Location or therapist: \_\_\_\_\_

Reason: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Results: \_\_\_\_\_

\_\_\_\_\_

Reason for termination: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**Check any of the following that you (client) have had within the last six months:**

Vision problems  Weakness in arms/legs  Constipation  Chronic pain   
 Hearing loss  Convulsion/seizures  Diarrhea  Back pain  Headaches   
 Nausea or vomiting  Stomach aches  Menstrual irregularities  Fainting  Shortness of  
 breath  Unusual bleeding  Dizziness  Chest pains/tightness  Abnormal growth/lump   
 Head injury  Loss of consciousness  Memory loss  Heart Disease  \_\_\_\_\_  
 Obesity  \_\_\_\_\_ Autism  \_\_\_\_\_ Hepatitis  \_\_\_\_\_ Parkinson's Disease  \_\_\_\_\_  
 Birth defects  \_\_\_\_\_ High Blood Pressure  \_\_\_\_\_ Polio  \_\_\_\_\_ Bladder  
 problems  \_\_\_\_\_ Huntington's  \_\_\_\_\_ Rheumatic Fever  \_\_\_\_\_ Bowel  
 problems  \_\_\_\_\_ Hyperactivity  \_\_\_\_\_ Stomach ulcers  \_\_\_\_\_ Stroke  \_\_\_\_\_  
 Cancer  \_\_\_\_\_ Hypoglycemia  \_\_\_\_\_ Cerebral Palsy  \_\_\_\_\_ Hysterectomy  \_\_\_\_\_  
 Syphilis  \_\_\_\_\_ Chronic Fatigue  \_\_\_\_\_ Jaundice  \_\_\_\_\_ Thyroid Disease  \_\_\_\_\_  
 Circulation problems  \_\_\_\_\_ Kidney problems  \_\_\_\_\_ Tuberculosis  \_\_\_\_\_

**Check any of the following that you (client) have had within the last six months (continued):**

Diabetes  \_\_\_\_\_ Learning Disability  \_\_\_\_\_ AIDS/HIV +  \_\_\_\_\_ Epilepsy  \_\_\_\_\_  
Leukemia  \_\_\_\_\_ Other  \_\_\_\_\_

List any of your blood relatives (mother, father, grandparent, sibling, etc.) who have had any of the above condition; indicate who and what: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Indicate if any of your blood relatives have had the following conditions, and who:**

Alcohol/drug abuse  \_\_\_\_\_ Nervous breakdown  \_\_\_\_\_ Anxiety/Panic  \_\_\_\_\_  
Obsessive Compulsive  \_\_\_\_\_ ADHD  \_\_\_\_\_ Psychiatric hospitalization  \_\_\_\_\_  
Bipolar Disorder  \_\_\_\_\_ Schizophrenia  \_\_\_\_\_ Depression  \_\_\_\_\_ Dementia  \_\_\_\_\_  
Seizure Disorder  \_\_\_\_\_ Suicide (or attempted)  \_\_\_\_\_

Any additional comments on your health or your family's health history: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Client Treatment Goals**

I. Please list issues to discuss in therapy which are of primary concern to you at present:

- 1. \_\_\_\_\_
- 2. \_\_\_\_\_
- 3. \_\_\_\_\_
- 4. \_\_\_\_\_
- 5. \_\_\_\_\_

II. Please list any specific goals or changes you would like to accomplish:

- 1. \_\_\_\_\_
- 2. \_\_\_\_\_
- 3. \_\_\_\_\_
- 4. \_\_\_\_\_
- 5. \_\_\_\_\_